2015-2016

City College of New York

Metropolitan

FOOD SERVICE INC.

Catering Guide
Breakfast
Minimum of 10 guests - Priced per guest

The Manhattan Skyline Breakfast
Coffee and Tea with your choice of... Bagels with cream cheese, butter & preserves, Danish Pastries, Homemade Muffins, Donuts, Cookies or a Combination of any two choices
$ 4.75

The Central Park Breakfast
Coffee, Tea & Juice served with a combination of Bagels with Cream Cheese, Butter, Preserves & Danish Pastries plus a tray of Fresh Sliced Fruits
$ 8.50

Spa Flirtation
Fresh seasonal Fruit Salad served with assorted Yogurts, Cottage Cheese, Fruit Nut & Granola Mix, Low Fat Muffins, and Fresh Squeezed Juice
$ 9.25

Platter Of Norwegian Smoked Salmon
Minimum of 15 guests
Hard Boiled Eggs, Tomato, Capers and Bermuda Onions Served with Assorted Bagels and Plain Cream Cheese Coffee & Tea
$ 9.50

Mini Breakfast Express
Fresh Brewed Coffee, served with an assortment of Mini Bagels with Cream Cheese and Butter, Mini Pastries, and Mini Muffins
$ 5.60

Starbucks Coffee Service
Fresh Brewed Starbucks Coffee & an assortment of Tazo Herbal Teas.
$ 3.25
Hot Breakfast Buffet

Minimum of 20 guests - Priced Per Guest

The Sunrise Buffet
Scrambled Eggs served with Bacon, Sausage, or Turkey Sausage, & Seasoned Home Fries accompanied by a basket of Freshly Baked Homemade Muffins, Bagels with Cream Cheese, Butter & Preserves and Freshly Brewed Coffee, Tea, and Juice
$ 10.95

The Uptown Brunch
Choose any two of our delicious brunch specialties:
Fresh Spinach & Cheese Quiche, Garden Vegetable Frittata, Scrambled Eggs, or French Toast

Accompanied by any two of the following side dishes:
Bacon, Sausage, Turkey Sausage, Ham, Roasted Red Potatoes.
Fresh Seasonal Sliced Fruit, International Cheese Platter, Basket of Homemade Muffins, Danish Pastries or Bagels with Cream Cheese, Butter & Preserves.

Served with Freshly Brewed Coffee, Tea, and Juice
$ 15.95

For a special treat… Ask about having Omelets or Crepes cooked-to-order for your breakfast or brunch guests.

Fresh Squeezed Orange Juice is available for $1.00 additional per guest

All services include paper supplies, delivery, and set-up.
China, Silverware, Linen and Wait Staff are all available upon request for an additional fee.
Fresh Mozzarella Platter
With sliced Tomatoes, Fresh Basils, Extra Virgin Olive Oil & Balsamic Vinegar on a bed of Mesclusin, Served with Baguette slices.

Small for 10 people $60.00  
Large for 20 people $105.00

Antipasto Platter
Salami, Pepperoni, Provolone, Olives, Peppers, Grilled Eggplant, Garlic Toasts

Small for 10 people $60.00  
Large for 20 people $105.00

Asparagus Platter
Marinated Asparagus with Roasted Peppers

Small for 10 people $34.00  
Large for 20 people $60.00

Fillet Of Beef Platter
Sliced Fillet of Beef with Gourmet Dinner Rolls & Horseradish Cream, served with Marinated Fresh Green Beans

Platter for 10 people $135.00

Cold Poached Salmon Fillet
Served on a bed of Mesclusin with Dill Sauce and Cucumber Dill Salad

Platter for 10 people $130.00

Grilled Seasonal Vegetable Platter
Grilled Eggplant, Zucchini, Squash, Portabella Mushrooms, Roasted Red Peppers, and Grilled Asparagus, Drizzled with Aged Balsamic Vinaigrette and served with a side of Roasted Red Potato Salad and Sliced Foccacia Bread.

Small for 10 people $67.50  
Large for 20 people $125.00
An incredible assortment of delicious gourmet ingredients combined with the finest artisan baked breads, and the freshest market produce available

These are just a few of our signature creations

Chicken Salad with Grapes and Walnuts, Romaine Hearts
Dill Shrimp Salad with Mesclun Lettuce and Tomato
Grilled Chicken, Bacon, Monterey Jack Cheese, Green Leaf Lettuce, Tomato
Smoked Turkey with Brie, Red Leaf Lettuce & Honey Mustard Marinated Grilled Chicken Breast with, Roasted Red Peppers, & Fresh Spinach Roast Beef, Blue Cheese with Horseradish Dressing
Virginia Ham, Havarti Cheese, Baby Spinach with Honey Dijon
Marinated Grilled Seasonal Vegetables with Mesclun Lettuce
Mediterranean Tuna Salad with Red Leaf Lettuce
Fresh Grilled Lemon Salmon with Leaf Spinach and Dill Mayonnaise
Grilled Balsamic Marinated Portabella Mushrooms with Sweet Peppers
Vegan Wrap: Sundried Tomato Hummus, Roasted Red Peppers & Grilled Vegetables
Curry Chicken Salad with Mesclun Greens
$ 8.50 per guest

To compliment your Gourmet Sandwiches choose from any of the following culinary creations

Asian Style Cole Slaw
Caesar Salad
Wild Rice Salad
Cous Cous Salad

Gourmet Pasta Salad Dried
Cranberry Quinoa Salad
Mesclun Mix Salad
Roasted Red Potato Salad

$2.25 per guest, per item
A variety of our Flavored Gourmet Wraps filled with an assortment of our delicious Sliced Meats, Cheeses, or Freshly Prepared Salads.

Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame Noodles. Served with all the condiments, plus one of our delicious desserts: Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies

Coffee & Tea, or Sodas & Water, or Fruit Punch, or Iced Tea or Lemonade

$11.75 per guest

Salad Platter Luncheon

Choose from any 2 of our freshly prepared Salads: Tuna Salad, Chicken Salad, Seafood Salad, Egg Salad, Curried Chicken Salad, or Mediterranean Tuna Salad.

Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame Noodles. Served with Assorted Rolls and all the condiments, plus one of our delicious desserts: Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies

Coffee & Tea, or Sodas & Water, or Fruit Punch, or Iced Tea or Lemonade

$11.50 per guest
Deli Platter Luncheon
Our deli platter luncheon starts with a beautiful tray of our freshly prepared meats and cheeses including Sliced Roast Beef, Smoked Turkey, Honey Baked Ham, Sliced American Cheese, Swiss Cheese & Muenster Cheese. Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame Noodles. Served with Assorted Rolls and all the condiments, plus one of our delicious desserts: Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies
Coffee & Tea, or Sodas & Water, or Fruit Punch, or Iced Tea or Lemonade
$11.50 per guest

Sandwich Luncheon
Choose from an assortment of our freshly prepared Deli Meats or Salads served on your choice of White, Rye, Whole Wheat or Kaiser Rolls
Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame Noodles. Served with all the condiments, plus one of our delicious desserts: Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies
Coffee & Tea, or Sodas & Water, or Fruit Punch, or Iced Tea or Lemonade
$11.50 per guest

Choose from any of our delicious "Super Hero" 3 foot and 6 foot heroes. Our 3 foot hero serves 9-12 people and our 6 foot hero serves 18-24 people.

THE ALL AMERICAN
Roast Beef, Turkey, Ham, American, Swiss, Lettuce & Tomato

LA TORINO
Genoa Salami, Capicola, Pepperoni, Provolone, Lettuce & Tomato, Hot Peppers & Italian Dressing

TURKEY CLUB
Smoked Turkey, Crisp Bacon, Swiss Cheese, Lettuce & Tomato

CHICKEN OF THE SEA
Fresh Tuna Salad, American Cheese, Lettuce & Tomato

THE GRILLER
Grilled Marinated Chicken Breast, Roasted Red Peppers, Mesculin Salad, & Sliced Tomato

THE ROASTER
Roasted Seasonal Vegetables, Green Leaf Lettuce, Italian Dressing

CURRY
Curried Chunky Chicken Salad, Lettuce & Tomato

Each 3 Foot Hero $57.50
Each 6 Foot Hero $99.50
Add Potato Chips & Your Choice of 2 Salads for $3.75 per guest
Greek Salad
Lettuce, Tomatoes, Cucumbers, Red Onions, Feta Cheese, with Greek Olives and a Vinaigrette Dressing and Pita Bread Points

Asian Salad
Teriyaki Marinated Steak or Chicken, with Scallions, Cold Sesame Noodles, Crisp Julienne Vegetables on a bed of Fresh Greens

Chef’s Select
Smoked Turkey, Roast Beef, Cheeses, Grilled Chicken Breast, and Garden Fresh Vegetables on a bed of Mesculin Lettuce

Grilled Chicken Caesar
Marinated Grilled Sliced Chicken Breast on Romaine Lettuce lightly tossed with Caesar Dressing, with Tomato Wedges, Cucumber, and Homemade Croutons

Vegetable Misto Salad
Marinated Grilled Seasonal Vegetables served with Sesame Tofu & Thai Sesame Vinaigrette on Mesculin Lettuce

Cobb Salad
Diced Marinated Grilled Chicken, Diced Smoked Turkey, Chopped Egg, Diced Tomato, Crumbled Bleu Cheese, Diced Cucumbers, and Homemade Crouton on a bed of Field Greens

$ 7.95 per guest
Salad Creations are all served with Dinner Rolls & Butter
ATTENDANT REQUIRED
All entrée selections are served with our mixed greens with house vinaigrette, fresh baked rolls and butter, side vegetable, side starch. Beverage and dessert.

The Great Hall Buffet
Choice of Two Entrees
Cornish Hen with Ginger Teriyaki Sauce
Fresh Basa Filet with Roasted Julienne Vegetables
Grilled Skirt Steak with Mushroom Demi Grilled
Salmon with Tomato Vermouth
Sliced Flank Steak with a Red Wine Marsala Sauce
Shrimp and Vegetable Kebab with Pesto Infusion
$25.50

The Steinman Buffet
Choice of Two Entrees
Petit Filet Mignon with Wild Mushrooms Ragout
Lamb Chops with Rosemary and Garlic Shrimp and Scallop Brochettes with Garlic Butter Fresh
Grilled Tuna with Wasabi Quenelles
Chicken Breast Oscar with Crabmeat, Béarnaise Sauce and Asparagus Spears
Oven Roasted Cod with Red Pepper Coulis
$32.25

Labor, Linen Tablecloths, China service charges are additional
Theme Buffets

Minimum of 20 Guests - Priced per guest

**Italian**
Caesar Salad, Herb Croutons
Chicken Francaise or Chicken Marsala
Baked Ziti or Penne Alla Vodka,
Vegetable Rice Pilaf & Basil Marinated Vegetables
Fresh Garlic Break and Focaccia Squares
Assorted Sodas, Cookies and Brownies and Full Fruit Salad
$23.25

**Pacific Rim**
Steamed Vegetable Dumplings
Chicken Stir Fry with Vegetables
Sautéed Gingered Beef with Snow Peas
Steamed White Rice, Vegetable Lo Mein Crisp
Chow Mein Noodles and Fortune Cookies
Assorted Sodas, Fruit Salad
$24.25

**Left Bank**
Fresh Field Greens with Balsamic Vinaigrette
Grilled Salmon with Champagne Beurre Blanc
Chicken Breast Stuffed with Wild Rice and Herbs
Fresh Asparagus with Baby Carrots
Potatoes Lyonnaise, Assorted Rolls and Butter
Mini Cream Puffs and Coffee
$26.95

**Yucatan**
Chips and Salsa
Chicken & Beef Fajitas with Sautéed Peppers and Onions
Yellow Rice and Refried Beans
Lettuce, Chopped Tomatoes, Shredded Cheddar Cheese
Sour Cream, Chopped Avocado and Tomato Salsa
Flour Tortillas
Assorted Sodas, Churros and Tropical Fruit Salad
$22.25
Let Metropolitan Food Service create an event that will exceed your highest expectations. Below you will find some of our suggestions for your dinner buffet - Priced per Guest

Hot Buffets include your choice of one entrée served with a choice of Rice Pilaf, Roasted Red Potatoes, Baked Potatoes or Penne Pasta, Fresh Seasonal Vegetables, a Tossed Garden Salad, Fresh Rolls with Butter, Dessert and Beverages.

Hot Buffets include one entrée per guest. You may add additional entrées for $5.00 each per guest. Labor, Linen, and China charges are additional.

**From The Land**
- Sliced Flank Steak with Mushroom Wine Sauce - $16.25
- Beef Filet Tips with Wild Mushrooms and Port Demi - $16.25
- Pot Roast Jardinière - $16.25
- Roast Loin of Pork with Rosemary - $16.25
- Boneless Breast of Chicken served in your choice of style: Marsala, Francaise, Chasseur, Tarragon, Tomato & Fresh Herbs, Parmigiana, or Teriyaki - $15.95
- Stuffed Chicken Breast served in your choice of style: Herb Stuffing, Cordon Bleu, Sun dried Tomato & Basil, Spinach-Feta-Pine Nuts - $16.25
- Chicken Quarters served Roasted, BBQ, or Jerked - $15.95
- Southern Fried Chicken or Smothered Chicken - $14.95
- Roast Turkey Breast with Cornbread Stuffing & Giblet Gravy - $16.25

**From The Sea**
- Tilapia Filet – Mediterranean Style, Florentine, or with Coconut Sauce - $15.95
- Baked Scrod Filet with a Citrus Reduction - $15.95
- Filet of Sole with Crabmeat Stuffing - $16.95
- Fried Filet of Flounder or Margarita Fried Tilapia - $15.95
- Salmon Filet served Grilled or Poached w/ Teriyaki, Beurre Blanc $19.95
- Pan Seared Honey-Teriyaki Tuna with Fresh Lime - $24.95
- Asian Spiced Mahi Mahi with Ginger Lime Marinade - $20.95
- Red Snapper Vera Cruz - $24.95

**Vegetarian**
- Seasonal Vegetable Lasagna – $12.95
- Baked Ziti, Pasta Primavera, Penne a la Vodka, Or Bowties with Sun dried Tomato Pesto - $12.50
- Tofu and Japanese Vegetables over Soba Noodles with Sesame Ginger Sauce $15.25
- Fresh Vegetable Cous Cous with Chick Peas and Lentils $11.75

Having a more formal event? We will be happy to create a seated dinner party using our highly qualified wait staff and culinary staff. Remember these are just some of our suggestions. We can create an event to meet your specific needs and tastes.
Listed below are a few of our suggestions for passed Hot and Cold Hors D’ouvres.

**Hot Hors D’ouvres**
- Sesame Chicken
- Swedish Meatballs
- Franks in Blankets
- Mini Quiche
- Fried Shrimp
- Cheese Puffs Cod Fish
- Nuggets Boneless
- Buffalo Wings
- Beef Sate
- Mini Sausage Brochette
- Jalapeno Poppers
- Mini Egg rolls
- Chicken Tenders
- Potato Puffs
- Mini Empanadas
- Mini Crab cakes

**Cold Hors D’ouvres**
- Crudités with Dip
- Fresh Sliced Fruits
- Cheese & Crackers
- Devilled Eggs
- Tortilla Wrap Pinwheels
- Tomato Brochette
- Fresh Mozzarella on Garlic Toast with Roasted Red Pepper
- Cucumber Canapés Roasted Red Peppers Hummus w/ Pita Chips
- Honeydew w/ Prosciutto Asparagus Rollups with Smoked Ham or Smoked Turkey or Roast Beef Assorted Puffs

Choose any 3 Hot and 3 Cold - $17.50
Shrimp Cocktail - $23.95

Prices reflect a one hour Cocktail Reception
Labor charges are additional, and depend on the specific needs of each individual event.

**Sushi**
We offer a wide variety of Freshly Prepared Sushi Platters priced accordingly

**Kosher Meals**
Our Catering Director will be happy to discuss all of our Kosher options.
Wines (where available)
Chardonnay – Cabernet Sauvignon – White Zinfandel – Pinot Grigio – Merlot
$23.00 per Bottle

We will be happy to provide you with a wide variety of wines that will help compliment your event and meet your specific needs

Beer (where available)
Domestic Bottled Beers $ 4.50 each/ Imported Bottled Beers $ 5.50 each
We also offer a Wine and Beer open bar at $10.95 per guest per hour.

A LA CARTE SELECTIONS
Prices are per guest

- Fresh Brewed Coffee, Tea and Decaf Coffee (on request) $ 2.40
- Fresh Brewed Starbucks Coffee and Starbucks Decaf Coffee $ 3.25
- Cans of Pepsi $ 1.50
- Bottles of Pepsi $ 2.25
- Lemonade/ Punch/ Iced Tea $ 1.50
- Bottled Water $ 1.85
- Tropicana Juice (6 oz.) $ 1.50
- Fresh Squeezed Orange Juice $ 2.25
- Sliced Fresh Seasonal Fruits $ 4.25
- Fresh Vegetable Crudités with Dip $ 3.95
- Assorted Cheese and Cracker Platter $ 4.95
- Assortment of Delicious Tea Sandwiches $ 5.25
- Assortment of Wraps $ 6.95
- Assortment of Sandwiches $ 6.25
- Assortment of Chips, Pretzels, and Nachos with Salsa $ 2.25
- Homemade Cookies $ 2.40
- Layer Cake $ 31.95
- Cheese Cake $ 31.95
- Double Layer Sheet ½ Sheet Cake $ 89.50
- Double Layer Full Sheet Cake $ 150.00
- 2 liter Bottled Sodas/ Punch/ Lemonade w/ Cups & Ice $ 4.00 ea
- Lemon Infused Water $.95
- Roasted Seasoned Vegetable Platter $ 4.75
For more informal get together when a fully catered meal is not required, please consider……

• All items sold by the pan (Serves 15-20 people).
• Includes paper plates, napkins, and plastic cutlery.
• For pick-up orders (Delivery will be additional charge).
• Chafing racks and sternos available – additional charge may apply. (Sternos $1.00 each, Racks $5.00 returnable deposit for each)
• Evening and weekends will require additional labor charge.

Fried Chicken (45 pcs)                           $75.00
Wings - Buffalo, Fried, BBQ, Spicy Oriental (70 pcs) $75.00
Boneless Chicken – Parmigiana, Francaise, Teriyaki  $95.00
Lasagna – Meat or Vegetable                       $80.00
Baked Ziti with Ricotta Cheese                    $75.00
Penne a la Vodka                                 $75.00
Eggplant Parmigiana                              $80.00
Meatballs – Swedish, Sweet n Sour, in Tomato Sauce (20 portion) $75.00
Italian Sausage and Peppers                      $75.00
Rice and Peas                                    $45.00
Wild Rice                                        $40.00
Roasted Red Skin Potatoes                        $40.00
Steamed Fresh Seasoned Vegetable Medley          $40.00
Tossed Mesculin Greens with House Vinaigrette    $35.00
At Metropolitan Food Service, Inc. we are committed to making your catered event or party a success. We are very proud to be an integral part of the City College of New York community. Please use this Catering Menu as a guide to help you select a menu for your event. As always, our catering staff is on hand to help you create an event that will meet or exceed your expectations. If you don’t see what you’re looking for in this menu, we will be happy to work with you to customize your event.

You’re Catering Department at
The City College of New York

NAC Building

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Catering Guidelines to help make your event a success

Customize Your Event:
This is designed as a guide to assist you in planning your menu. Bring us your ideas and let us assist you in turning them into an event to remember. Our Director of Catered Affairs will be pleased to work with you in customizing any menu to suit your particular tastes and budget. Our resources allow us to provide special services to all of our clients and customers.

Successful Event Information:
Metropolitan Foodservice welcomes the opportunity to help you plan your next catered event. This planning guide has been prepared especially for our guests. In order to ensure the most efficient service, please follow these procedures when making your arrangements.

1. Pricing - The pricing in this catering guide is applicable to Faculty, Staff, Administrators, and Students. Pricing for Outside Groups will be slightly higher and can be finalized with our Catering Manager or Food Service Director. Prices for events that take place on weekends, holidays or in the evening will be slightly higher.

2. Advance Notice - Successful events begin with proper planning. Please be sure to allow enough time so that you will receive exactly what you need. Events should be planned as early as possible with the Catering Department.

3. Cancellations – Catered events cancelled within three days of the event will incur a surcharge. Surcharges will be assessed as follows: 25% of the total invoice for events cancelled within 72 hours of the start time, 50% of the total invoice for events cancelled within 48 hours of the event start time, 100% of the total invoice for events cancelled within 24 hours of the event start time.

3. Guest Count and Guarantees – Please be prepared to have your final guest count submitted 48 hours prior to your event. We will do our best to accommodate any increases in guest counts prior to your event. In the event that you exceed your guest count guarantee, you will be charged for the actual guests served at your event.

4. Billing - All catering invoices must be signed and dated in our catering office. A copy will be given to you as your invoice to be paid from. An appropriate purchase order number is required for any student organization who would like catering. Invoices incurred for catering events are due within 30 days of receipt of the invoice. Groups from outside of the college will be required to pay for their event at the time of booking. We accept Visa and Mastercard for all catering events. Metropolitan Food Service Inc. reserves the right to deny catering to any group or department that has an outstanding catering balance of over 60 days.

5. Lost Equipment – Equipment used to cater an event will become the responsibility of the person, organization or department booking the event. If, for any reason, the equipment is not returned or available for pick-up at the commencement of your event you will be charged for the missing equipment.

6. Late Fees – Catering invoices that are 60 days past due will incur a $25 late fee. Please avoid this late fee and promptly submit your invoices for payment.

7. Sustainability - As part of the Sustainability Initiative at CCNY, Metropolitan is committed to using more environmentally friendly supplies at all of our catering events. These items include, but are not limited to, ecotainer cups, sugar cane based plates, and PLA/cornstarch based cutlery. These items are considerably more expensive than traditional paper supplies. Therefore we must limit the quantity of each to cover the actual number of people the order is for. If extra paper supplies are requested, there will be an additional charge added to the invoice to cover the cost.

8. Additional Charges - In addition to the prices in this catering guide, there may be some additional charges for your function. These charges include labor charges for wait staff, set-up/clean-up staff, culinary staff, management staff, linen and china. The Catering Manager will finalize all these charges with you at the time of booking.
Our talented chefs are delighted to create special menus for any event that accommodates your cuisine, preference and budget. Please contact our Catering Manager at 212-650-7203 to arrange a personal consultation.