

Mental Health/Psychological Resources

The following community mental health resources were assembled for the purpose of assisting students with seeking out mental health/psychological treatment, evaluation, and testing. Please note that CCNY and the AAC/SDS do not endorse the services of these agencies and programs but provide this information for reference purposes and the convenience of students.

Provider: The Psychological Center at City College

Location: North Academic Center, Room 8/101

Contact Information: 212-650-6602

Website: <http://www.gc.cuny.edu/Page-Elements/Academics-Research-Centers-Initiatives/Doctoral-Programs/Psychology/Training-Areas/Clinical-Psychology-@-City-College/The-Psychological-Center>

Fees: Sliding Scale. Intake: \$25 intake, \$40 max in subsequent sessions

Insurance: N/A

Language(s): English, French

Services: Evaluations, individual/group therapy, testing, psychiatric treatment

Wheelchair Accessible: Yes

Provider: Dean Hope Center for Educational and Psychological Services

Location: Columbia Teacher's College, Thorndike Hall 6th Floor, 525 West 120th St, New York, NY 10027

Contact Information: 212-678-3262

Website: <http://www.tc.columbia.edu/ceps/index.asp>

Fees: Sliding scale fee; see website for list. Free for veterans and their family members.

Insurance: No insurance accepted.

Language: English

Services: New patients generally accepted at the beginning of each semester. Individual adult psychotherapy; vocational counseling; psychological assessment; couples counseling; family therapy; group therapy

Wheelchair Accessible: Yes

Provider: Emma L. Bowen Community Service Center

Location: 1727 Amsterdam Avenue, New York, NY 10031

Contact Information: 212-694-9200; info@bowencsc.org

Website: <http://www.bowencsc.org/>

Fees: Sliding scale: \$10-\$125. "No one is turned away regardless of ability to pay"

Insurance: Medicaid, Medicare, and Managed Care coverage

Language: English, Spanish

Services: intake/crisis/emergency; individual/group/family therapy; medication management

Wheelchair Accessible: Yes

Provider: Family Health Center of Harlem

Location: 1824 Madison Ave (at 119th St), New York, NY 10035

Contact Information: 212-423-4500

Website: <http://www.institute.org/health-care/locations/manhattan/>

Fees: Sliding scale starts at \$5

Insurance: Medicaid, Medicare, most insurances accepted. "No one is turned away."

Language: English, Spanish, interpreter phone service available

Services: Problem solving therapy, cognitive therapy, psychiatry and medication

Wheelchair Accessible: Yes

Provider: Karen Horney Clinic

Location: 329 East 62nd Street, New York, NY 10065

Contact Information: 212-838-4333

Website: karenhorneyclinic.org

Fees: Intake \$50; sliding scale thereafter: \$50-\$150

Insurance: Medicaid, Medicare; see website for list of insurances accepted

Language: English

Services: Counseling, supportive psychotherapy, psychoanalytic therapy or psychoanalysis

Wheelchair Accessible: No

Provider: Metropolitan Center for Mental Health

Location: 1090 St. Nicholas Avenue (between St. Nicholas and Amsterdam Avenues), New York, NY 10032

Contact Information: 212-543-0777

Website: <http://www.metropolitancenter.com/>

Fees: Intake \$35, \$45 for psychiatric evaluation; sliding scale thereafter: \$23-\$60

Insurance: Medicaid, Medicare, and several Managed Care Plans

Language: English, Spanish

Services: individual/group psychotherapy, family counseling, psychological testing, medication therapy, Hispanic Family Service, FAIR (Substance Abuse) program

Wheelchair Accessible: Yes

Provider: Montefiore Behavioral Health Center

Location: 2527 Glebe Avenue, Bronx, NY 10461

Contact Information: 718-904-4476

Website: <http://www.montefiore.org/mbhc>

Fees: Sliding scale starts at \$35

Insurance: Medicaid; accept a number of insurance plans

Language: English, Spanish, interpreter phone service available

Services: Screening and diagnostic evaluation; individual/group psychotherapy; pharmacological therapy; crisis intervention; integrated substance abuse treatment, caregiver support center

Wheelchair Accessible: Yes

Provider: Western Queens Consultation Center

Location: Sunnyside (44-04 Queens Boulevard, 2nd Fl, Sunnyside, NY 11104) and Jackson Heights (61-20 Woodside Avenue, Woodside, NY 1137)

Contact Information: 718-706-1663 (Sunnyside); 718-672-1705 (Jackson Heights)

Website: <http://mhpwq.org/western-queens-consultation-center/>

Fees: Intake \$40; sliding scale thereafter: \$40-\$80

Insurance: Medicaid, Medicare, and most major insurance carriers are accepted

Language: Sunnyside: English, Spanish, Tagalog, Greek; Jackson Heights: English, Spanish

Services: Psychiatric evaluation/consultation; psychotherapy; group and family therapy; medication management, educational groups

Wheelchair Accessible: Yes, both sites

Provider: William F. Ryan Community Health Center

Location: 110 West 97th Street (between Columbus and Amsterdam Avenues), New York, NY 10025

Contact Information: 212-749-1820

Website: www.ryancenter.org

Fees: Sliding scale starts at \$32

Insurance: Accepts Medicaid and many forms of private insurance

Language: English, Spanish, other languages

Services: Group/individual, relationship, grief therapy; domestic violence counseling and safety planning; crisis intervention; psychiatric evaluation, psychopharmacology; case management

Wheelchair Accessible: Yes

PROS Program (Personalized Recovery Oriented Services)

Provider: The Bridge

Location: 248 West 108th St, New York, NY 10025

Contact Information: 212-663-3000 x1372; PROSIntake@thebridgeny.org

Website: <http://thebridgeny.org/programs/mental-health-services/158-personalized-recovery-oriented-services-programs-pros->

Fees: Covered by Medicaid; staff described cost as “prohibitive” if no Medicaid

Insurance: Medicaid only

Language: English

Services: Comprehensive program of mental health treatment, life skills, vocational training/placement, social/recreational activities, and support services for people with serious mental illness

Wheelchair Accessible: Yes

Substance Abuse

Provider: STARS (Substance Treatment and Research Service) of Columbia University

Location: 3 Columbus Circle (on Broadway between 57th and 58th Street), Suite 1403, 14th Floor, New York, NY 10019

Contact Information: 212-923-3031

Website: www.stars.columbia.edu

Fees: Free

Insurance: N/A

Services: chemical addiction treatment with individual therapy, medication, psychiatric assessments

Provider: New Directions

Location: 500 Atlantic Avenue, Brooklyn, NY 11217

Contact Information: 718-398-0800; walk-ins are welcome

Website: <http://www.newdirectionsbrooklyn.com/chemical-dependency/location.php>

Fees: Intake \$55. Sliding scale: \$50/individual session, \$45/group session

Insurance: Medicaid, Medicare, most major insurance plans are accepted

Language: English, Spanish

Services: Outpatient services for chemical abuse, alcoholism, and chemical dependency

Wheelchair Accessible: Yes

Provider: Bleuler Chemical Dependency Recovery Services

Location: 104-70 Queens Boulevard, Suite 307, Forest Hills, NY 113375

Contact Information: 347-394-0723

Website: https://treatment.psychologytoday.com/rms/name/Bleuler+Chemical+Dependency+Recovery+Services_Forest+Hills_New+York_147566

Fees: Intake \$40. Sliding scale starts at \$30

Insurance: Medicaid, other major insurance plans

Language: English

Services: Intensive and non-intensive outpatient chemical dependence services; dual diagnosis conditions

Wheelchair Accessible: Yes

Eating Disorders Treatment

Provider: The Columbia Center for Eating Disorders

Location: 1051 Riverside Dr, New York, NY 10032

Contact Information: 646-774-8066. Email: edru@nyspi.columbia.edu

Website: <http://columbiapsychiatry.org/eatingdisorders>

Fees: Services provided at no cost in exchange for participation in research

Insurance: N/A

Language: English, Spanish

Services: Inpatient and outpatient eating disorders treatment and co-occurring disorders

Wheelchair Accessible: Yes

Provider: Institute for Contemporary Psychotherapy (ICP)

Location: 1841 Broadway, Floor 4, New York, NY 10023

Contact Information: 212-333-3444. Email: csab@icpnyc.org

Website: <http://icpnyc.org/>

Fees: Sliding scale: \$35 student fee

Insurance: Do not accept Medicaid. HIP, Oscar, and Healthfirst insurances accepted

Language: English, Spanish, French

Services: Treatment for eating disorders

Wheelchair Accessible: Yes

Creative Arts Therapy

Provider: The Bridge

Location: 248 West 108th St, New York, NY 10025

Contact Information: 212-663-3000 x1372

Website: <http://thebridgeny.org/programs/creative-arts-therapy>

Insurance: Many major insurance plans accepted; see website for list

Services: art therapy, poetry program

Wheelchair Accessible: Yes