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Abstract. Two-photon (2P) excitation of the second singlet (S2) state was studied to achieve deep optical microscopic imaging in brain tissue when both the excitation (800 nm) and emission (685 nm) wavelengths lie in the “tissue optical window” (650 to 950 nm). S2 state technique was used to investigate chlorophyll α (Chl α) fluorescence inside a spinach leaf under a thick layer of freshly sliced rat brain tissue in combination with 2P microscopic imaging. Strong emission at the peak wavelength of 685 nm under the 2P S2 state of Chl α enabled the imaging depth up to 450 μm through rat brain tissue. © The Authors. Published by SPIE under a Creative Commons Attribution 3.0 Unported License. Distribution or reproduction of this work in whole or in part requires full attribution of the original publication, including its DOI. [DOI: 10.1117/1.JBO.19.6.066009]

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1 Introduction

In biological and biomedical studies, most of the events or functions occur in a complex tissue environment and ultimately need to be studied in preparations as intact as possible.1,2 It is also important to image as deep as possible in living tissues. In brain research, optical imaging technique is still the only way to study neural tissues with micrometer or submicrometer spatial resolution. New methods have been applied to image the brain with submicrometer spatial resolution, among them two-photon (2P) microscopy offers the advantages of deeper tissue penetration and less photodamage, such as phototoxicity and photobleaching, in comparison with conventional confocal microscopy. 2P microscopy offers micrometer scale resolution in the brain, whereas magnetic resonance imaging techniques are limited to a millimeter scale. To minimize strong scattering of visible light in tissue and to obtain high quality images of deeper layers of cortex, further investigation on 2P fluorescence technique becomes important.4,5 Previous approaches to increase imaging depth include optimization of photodetection and implementation of regenerative amplification multiphoton microscopy.6,7 In comparison with the traditional 2P technique, a newly developed technique is proposed in this study to achieve increased depth of imaging with both excitation and emission wavelengths falling within the “tissue optical window.”

According to Beer’s law, the imaging intensity of the carrying photons (ballistic photons) is determined by the wavelength-dependent scattering length (l_s) and absorption length (l_a),

\[ I_{out} = I_{in} \exp \left[ -\left( \frac{L}{l_s} + \frac{L}{l_a} \right) \right], \]

where \( I_{out} \) is the intensity of transmitted light, \( I_{in} \) is the intensity of incident light, and \( L \) is the penetration depth. To reach a deeper layer of the tissue, a smaller absorption coefficient (\( l_a^{-1} \)) or scattering coefficient (\( l_s^{-1} \)) is required for imaging in the therapeutic optical window, also called the “tissue optical window,” in the range from far-red to near infrared (NIR, 650 to 950 nm). Our previous study by Pu et al.8 conducted experiments on Chl α-coated beads using a 2P microscope to demonstrate and observe S1 emission from S2 excitation, but did not investigate any imaging depth in tissues. Under the current 2P microscopy technique, the wavelength to excite 2P fluorescence lies in the range of ~650 to 950 nm (red to infrared, low energy),9–11 which is within the “tissue optical window.” The probe agent’s emission wavelength, usually at 400 to 600 nm (low wavelength, high energy), limits the depth of imaging. When both the pumping and emission wavelengths are in the “tissue optical window,” an optimal tissue penetration depth will be reached. Nevertheless, the traditional 2P singlet (S1) excitation cannot make both pumping and emission wavelengths fall within the NIR “tissue optical window” at the same time.

The objective of this study was to test the hypothesis that by exciting S2 state fluorescent agents with both pumping and emission wavelength in the “tissue optical window,” the imaging depth in tissue is increased as compared to the traditional technique using the S1 state for imaging in brain tissue.

2 Materials and Methods

Our study utilized spinach leaves covered by fresh rat brain slices at different thicknesses, and imaged the chlorophyll α (Chl...
α) fluorescence penetrating the brain tissue layer by using 2P fluorescence and S2 technique. All procedures and animal use were approved by the Institutional Animal Care and Use Committee of the City College of New York.

2.1 Preparation of Spinach Leaf

Spinach leaves were purchased fresh from the local market. Each selected fresh spinach leaf was glued onto a microscope slide. The fresh leaf contains the light-absorbing molecule Chl α and plant organelle chloroplast, which are essential for the process of photosynthesis. It is known that the Chl α strongly absorbs red and blue-violet light from S1 and S2 bands to give the green color of leaves. The absorption of photons could drive the molecules of Chl α from the ground (S0) state to the first singlet (S1) or excited (S2) state, converting photon energy into electronic excitation. There are three ways to obtain the emission of Chl α in far-red light of ∼680 nm, (1) S1 excitation caused by red light at a wavelength of about 630 nm, (2) S2 excitation by violet light at a wavelength of 404 nm, or (3) S2 excitation by 2P at a wavelength of 800 nm, which gives a nonradiative process from S2 to S1 following 2P excitation. Figure 1 illustrates the mechanism of one-photon (1P) and 2P excitation of S1 and S2 bands of Chl α [Jablonski energy level diagram, Fig. 1(a)], and the measured absorption and fluorescence spectra of Chl α [Fig. 1(b)].

The absorbed photons excite Chl α from the ground state (S0) to the S1 or S2 excited states, converting photon energy into electronic excitation. The decay of excited Chl α to the S0 state can be achieved by emitting photons from S1 directly or after the nonradiative process from S2 to S1. The latter plays a key role in 2P-excited S2 for deep imaging.

2.2 Preparation of Brain Tissue Sample

A Wistar rat (P10) was decapitated, the brain was transferred into a chilled oxygenated Ringer solution containing (in millimolar) (126 NaCl; 2.5 KCl; 1.25 NaH2PO4; 2 CaCl2; 1 MgCl2; 10 glucose; 26 NaHCO3; 5 pyruvate; pH 7.40 to 7.45) and then was rapidly embedded in 2% low melting point agarose and processed for coronal sectioning using a compressstome (VF300, Precisionary Instruments, Greenville, North Carolina). Brain tissue slices (in an elliptical shape, ∼6 × 5 mm2 for the long and short diameters, respectively) were cut at the thicknesses of 200, 400, 450, and 500 μm, and then were quickly transferred one at a time to a gridded container filled with oxygenated Ringer solution.

Each brain slice was carefully placed on top of a fresh spinach leaf and a cover slip was placed on top of the brain tissue. Chlorophyll α in fresh spinach leaf samples was imaged with 2P microscopy. Experiments were conducted one by one on the samples covered by 0, 200, 400, 450, and 500-μm-thick brain tissues, respectively. All sample preparations and measurements were performed at room temperature.

2.3 Multiphoton Microscope and Image Collection

Twelve-bit two-dimensional images were captured by a multiphoton microscopy system (Prairie Technologies Inc., Middleton, Wisconsin) equipped with a Ti:Sapphire femtosecond laser source (<140 fs, Coherent Inc., Santa Clara, California), as illustrated in Fig. 2. The excitation wavelength 800 nm was used to achieve the 2P pumping S2 band of 400 nm and to accomplish fluorescence imaging in Chl α’s spectral range of around

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Fig. 1 (a) Jablonski diagram of energy level that was pumped to S1 and S2 excited singlet state by 1P or 2P absorption; (b) Chl α spectra of measured absorption (solid line) and fluorescence (dotted line).

Fig. 2 Schematic diagram of the two-photon microscopy system for the second singlet (S2) state excitation.
680 nm. This is the optimal condition for studying 2P $S_2$ excitation of Chl $\alpha$ due to the strong $S_1$ band absorption and emission at 680 nm. Images of spinach leaves, with regions of interest (ROIs) $469.5 \times 469.5 \, \mu m^2$ and $512 \times 512$ resolution, were obtained by the 2P microscope with a water immersion objective lens (20x, NA = 0.5, Olympus, Center Valley, Pennsylvania) through two different photomultiplier tube channels, a testing channel and a control channel outfitted with a wide band filter of $685 \pm 40$ and $525 \pm 35$ nm (Chroma Technology, Bellows Falls, Vermont), respectively, while other imaging parameters were kept constant.

3 Results and Discussion

Figure 3 shows 2P microscopy images of the spinach leaf under the testing and control channels without any tissue covered. Red or green dots inside the cells were likely the chloroplast organelles which contain Chl $\alpha$ and other fluorescent molecules. The red channel represented the 2P $S_2$ state of Chl $\alpha$ and showed a much stronger peak at 685 nm. The 2P microscopy images of spinach leaves covered with 200, 400, and $450 \, \mu m$ freshly cut brain slices under testing and control channels are displayed in Figs. 4(a) and 4(b), 5(a) and 5(b), and 6(a) and 6(b), respectively. The 2P microscopy images of Chl $\alpha$ can be clearly observed under the testing channel with a 200 or 400-μm-thick brain tissue on top, but others cannot be clearly distinguished under the control channel. With a 450-μm brain tissue covering, the testing channel shows some vague profiles of Chl $\alpha$ but no profile visible in the control channel, indicating that brain tissue with a thickness of $450 \, \mu m$ is the maximum penetration depth for the Chl $\alpha$ at $S_2$ state among the slices prepared in our study, while the actual maximum penetration depth could be slightly deeper.

Figures 3 through 6 show the surface plots of emission intensity in the testing channel (panel c) and control channel (panel d). The vertical axis (z-axis) in these plots represents the fluorescent intensity. More regions show higher emission intensity in Figs. 3(c) through 6(c) than those in Figs. 3(d) through 6(d), indicating a much stronger emission intensity of the Chl $\alpha$ under the testing channel (685 nm) over the control channel (525 nm). These surface plot results demonstrate that the optimized 2P microscopy imaging of Chl $\alpha$ at 685 nm was exactly the strong fluorescence peak of Chl $\alpha$ under the 2P $S_2$ state, which leads to an excellent tissue penetration depth of more than $450 \, \mu m$ and with a much better image quality than that at 525 nm (control channel). Although the scattering properties of the brain tissue were likely changed shortly after it was cut into slices, experiments were conducted in a sufficiently oxygenated environment and in an acute way to keep the maximum penetration depth with limited variation and to avoid a reduction in the maximum penetration depth. The technique of combining 2P and $S_2$ to achieve deep tissue imaging can be further optimized and tested with in vivo experiments of the brain vasculature and neural structures.

In order to quantify the emission through the tissue, in each image, five different ROIs with peak intensity were selected and another five ROIs were also selected from the background. The integrated light intensity of each region was calculated and then averaged for each image as $I_{\text{peak}}$ and $I_{\text{background}}$. Figure 7 shows the normalized intensity $I_{\text{normalized}} = (I_{\text{peak}} - I_{\text{background}}) / I_{\text{background}}$ for each test group. As the thickness of the covering tissue increased from 0 to $400 \, \mu m$, the intensity in the control channel dropped tremendously from 119 to 7, whereas in the testing channel dropped from 183 to 140.

![Fig. 3](image3.png)

**Fig. 3** 2P microscopy images of Chl $\alpha$ in spinach leaf without covering tissue. The excitation wavelength was 800 nm. (a) Under 685 ± 40-nm filter; (b) under 525 ± 35-nm filter; (c) surface plot of the light intensity under 685 ± 40-nm filter; (d) surface plot of the light intensity under 525 ± 35-nm filter.

In contrast to diffusion optical tomography that studies the multiple scattering optical imaging,\textsuperscript{11} 2P microscopy technique explores the optical imaging using the ballistic and snake light within a number of single scattering events governed by Eq. (1). It is well-known that the depth resolution for light transporting in tissue depends on the scattering coefficient ($\mu_s$) and...
absorption coefficient ($\mu_a$). Within the range of far-red to near infrared, $\mu_s \gg \mu_a$ in tissue and their inverses lead to the penetration lengths in tissue, where $l_s(= 1/\mu_s)$ is the mean free scattering length and $l_a(= 1/\mu_a)$ is the absorption length. In tissue, the $\mu_s$ at 525 nm is larger than that at 685 nm, and therefore a higher depth resolution is expected for 685 nm over 525 nm in 2P microscopes. This led to the objective of the present 2P imaging depth study. In another study, the scattering coefficients were measured for fresh rat brain tissue at different wavelengths, the corresponding $l_s$ and $l_a$ can be calculated as 2 and 0.06 mm, respectively, at a wavelength of 525 nm, and 2.2 and 0.09 mm, respectively, at a wavelength of 685 nm. van der Zee et al. measured $\mu_a$ and $\mu_s$ of 40-week-old human brain gray matter; the corresponding $l_s$ and $l_a$ at a wavelength of 525 nm are calculated to be 5.88 and 0.02 mm, respectively, at a wavelength of 525 nm, and 20 and 0.025 mm, respectively, at a wavelength of 685 nm. Both studies evidence higher depth resolutions at a wavelength of 685 nm.

In our previous study, the intensity was almost zero under 525 nm as demonstrated in Fig. 4(b) in Ref. 8, since the beads were passively coated with Chl $\alpha$ by soaking in the Chl $\alpha$-ethanol solution, which could lead to nonuniform distribution of Chl $\alpha$ on the surface of the beads, and did not present enough detectable signal from the shoulder emission at 525 nm. There are no accessory pigments in Chl $\alpha$ soaked beads. The present study used spinach leaves that contain cells and chloroplast organelles with a high concentration of Chl $\alpha$ and other accessory fluorophores, such as flavins (the emission peak of $S_1$ is close to 525 nm), such that detectable signals could be observed at 525 nm [Fig. 3(b)]. For the first time, the present study imaged Chl $\alpha$ through fresh rat brain tissue layers with 2P $S_2$ excitation where both the emission and excitation were in the “tissue optical window,” and can be applied for further studies.

4 Conclusions
The 2P $S_2$ excitation of Chl $\alpha$ in chloroplast of spinach leaf under brain tissue provides positive results for a deeper tissue imaging technique in comparison with a traditional 2P microscopy technique. Both the excitation and emission wavelengths fall within the “tissue optical window” and penetrate rat brain tissue up to 450 $\mu$m. This is the first study that applies a 2P $S_2$ state technique to investigate the imaging depth of Chl $\alpha$ inside rat brain tissue. This $S_2$ pumping technique can be potentially used as a reference for deeper and better quality images in future studies of brain blood vessels and neural tissue in vivo.

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Fig. 5 2P microscopy images of Chl $\alpha$ in spinach leaf covered with 400-$\mu$m brain tissue. The excitation wavelength was 800 nm. (a) Under 685 $\pm$ 40-nm filter; (b) under 525 $\pm$ 35-nm filter; (c) surface plot of the light intensity under 685 $\pm$ 40-nm filter; (d) surface plot of the light intensity under 525 $\pm$ 35-nm filter.

Fig. 6 2P microscopy images of Chl $\alpha$ in spinach leaf covered with 450-$\mu$m brain tissue. The excitation wavelength was 800 nm. (a) Under 685 $\pm$ 40-nm filter; (b) under 525 $\pm$ 35-nm filter; (c) surface plot of the light intensity under 685 $\pm$ 40-nm filter; (d) surface plot of the light intensity under 525 $\pm$ 35-nm filter.

Fig. 7 Comparison of normalized peak intensity for the testing and control channels covered with 0, 200, and 400-$\mu$m-thick brain tissues.
References


Lingyan Shi is a PhD candidate in the Biomedical Engineering Department at the City College of New York. Her research focuses on quantification of blood-brain barrier permeability and its regulation, drug delivery, the applications of two-photon deep tissue imaging using femtosecond laser pulses. Other research interests include understanding the functional interactions between neural cells and the brain vasculature, biomedical optics, ultrasound, condensed matter light interactions, and solar energy.

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Yang Pu, PhD, is an imaging specialist at the University of California at Irvine. He is a multidisciplinary researcher in the fields of biomedical optics and radiology. His research is concentrated on breaking two limits of optics: enhancing the resolution of microscope to break the limitation of diffraction and imaging deep organs of large animals and humans using optical technique.

Thien An Nguyen is a MS student under the tutelage of Dr. Robert Alfano of the Institute of Ultrafast Spectroscopy and Lasers at the CUNY City College. She is currently studying applications of spatial frequency and complex light.

Robert R. Alfano is a distinguished professor of science and engineering at the City College of CUNY. He has pioneered many applications of light and photonics technologies to the study of biological, biomedical and condensed matter systems, invented and used in his research supercontinuum and novel tunable solid-state lasers. He has received his PhD in physics from New York University and is a fellow of the American Physical Society, Optical Society of America, and IEEE.