



The City College
of New York



Office of the Vice President
of Student Affairs and
Enrollment Management

CCNY COUNSELING CENTER COUNSELING GROUPS SPRING 2024

Fostering Healthy Relationships

Mondays 1 - 2

2/12/24 – 5/13/24

Rsvp: <https://www.surveymonkey.com/r/KRM6MSQ>



LGBTQ+ Peer Support Group

Wednesdays 12 - 1

2/7/24 – 5/15/24

Rsvp: <https://www.surveymonkey.com/r/KT8FJ3H>



Mindfulness Meditation

Wednesdays 2 - 3

2/14/24 – 5/15/24

Rsvp: <https://www.surveymonkey.com/r/WLPVTW2>



Social Anxiety Support Group

Thursdays 1 - 2

2/15/24 – 5/9/24

Rsvp: <https://www.surveymonkey.com/r/KTNW53L>



All groups will be conducted in person at
the Counseling Center - Marshak J15