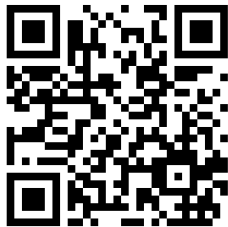




CCNY COUNSELING CENTER COUNSELING GROUPS

SPRING

2024



FOSTERING HEALTHY RELATIONSHIPS

MONDAYS 1 - 2 PM | 2.12.24 - 5.13.24

↘ Rsvp: <https://www.surveymonkey.com/r/KRM6MSQ>



LGBTQ+ PEER SUPPORT GROUP

WEDNESDAYS 12 - 1 PM | 2.07.24 - 5.15.24

↘ Rsvp: <https://www.surveymonkey.com/r/KT8FJ3H>



MINDFULNESS MEDITATION

WEDNESDAYS 2 - 3 PM | 2.14.24 - 5.15.24

↘ Rsvp: <https://www.surveymonkey.com/r/WLPVTW2>



SOCIAL ANXIETY SUPPORT GROUP

THURSDAYS 1 - 2 PM | 2.15.24 - 5.09.24

↘ Rsvp: <https://www.surveymonkey.com/r/KTNW53L>

ccny.cuny.edu/counseling

ccny.cuny.edu/cwe/wellness-support