

**10th Annual Research and Scholarship Day
Clinical Psychology PhD Program**

December 3rd, 2024
Shepard Hall Room 107

12:00pm-1:00 pm	Internship lunch
1:00 pm – 2:00 pm	APA Site Visit Debrief
2:00 pm – 3:30 pm	Keynote Lecture: FROM DIAGNOSIS TO DISENFRANCHISEMENT: HELPING OUR CLIENTS AND OURSELVES TO “GET BETTER” Nicholas Eaton, Ph.D. Professor, Stony Brook University, Department of Psychology
3:30 – 4:30 pm	Research and Scholarship Project Poster Session with cookies and coffee
4:30 – 4:45 pm	Closing Remarks

FROM DIAGNOSIS TO DISENFRANCHISEMENT: HELPING OUR CLIENTS AND OURSELVES TO “GET BETTER”

Abstract

Psychological practice and research have enhanced our understanding, diagnosis, treatment, and prevention of mental health problems. Accumulating evidence supports our assessments and treatments, yet the burden of mental disorder continues to rise. *If what we do works, why is what we're doing not working?* I will discuss how psychology's core assumptions, methodologies, and perspectives hinder its effectiveness in both the clinic and laboratory. Psychology must question its own values and orient toward diversity, equity, inclusion, social justice, and anti-racism, all of which it has thwarted in the past. Topics covered include: What is mental disorder? Should we each embrace the role of *practitioner-scientist-advocate*? What role should psychology play in current social issues? How can our interventions meet ever-growing global demands?

