

**11th Annual Research and Scholarship Day
Clinical Psychology PhD Program**

December 2nd, 2025
Shepard Hall Room 350

- 11:00 am-11:15 am Opening remarks
 with morning tea
- 11:15 am – 12:45 pm Lecture:
 BRIDGING CULTURES AND CARE IN CLINICAL RESEARCH: EXAMPLES
 FROM PSYCHO-ONCOLOGY
 Florence Lui, Ph.D.
 Assistant Attending Psychologist and Department of Psychiatry & Behavioral Sciences at
 Memorial Sloan Kettering Cancer Center and
 Assistant Professor in the Department of Psychiatry at Weill Cornell Medicine.
- 12:45 – 2:15 pm Research and Scholarship Project Poster Session
 with lunch
- 2:15 pm – 3:45 pm Lecture:
 *CANNABIS & ADHD: CAN SLEEP MOTIVES ENGAGE YOUTH IN
 TREATMENT?*
 Mariely Hernandez, Ph.D.
 Owner, Shadow Bloom Psychological Services, PLLC.
- 3:45 – 4:00 pm Closing Remarks
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BRIDGING CULTURES AND CARE IN CLINICAL RESEARCH: EXAMPLES FROM PSYCHO-ONCOLOGY

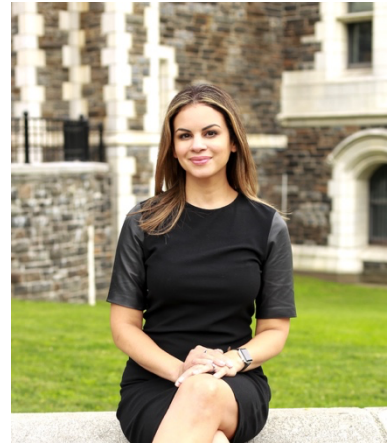
Dr. Lui Bio. Florence Lui, PhD, is an Assistant Attending Psychologist in the Immigrant Health & Cancer Disparities Service, Department of Psychiatry & Behavioral Sciences at Memorial Sloan Kettering Cancer Center and Assistant Professor in the Department of Psychiatry at Weill Cornell Medicine. She is a proud alumnus of the Clinical Psychology PhD program at City College. Dr. Lui's research has focused on developing culturally tailored interventions to reduce disparities in cancer care and access, especially among individuals with limited English proficiency.



Abstract/Summary: This talk will present an overview of three of Dr. Lui's current research projects. First, she will share results from a pilot study on the cultural adaptation of Meaning-Centered Psychotherapy (MCP), an existential-humanistic intervention, tailored for Chinese patients with advanced cancer. Second, Dr. Lui will discuss preliminary findings from a mixed method study to inform the development of a Multicomponent Support Program for Chinese cancer survivors. Third, she will share initial outcomes from a pilot randomized controlled trial evaluating the feasibility of using different interpreting modes (consecutive vs. simultaneous) to deliver psychotherapy to cancer patients with limited English proficiency. In addition, Dr. Lui will share a personal account of her own journey to a clinical research career in psycho-oncology and will outline several training opportunities for early career psychologists interested in pursuing research careers in health psychology.

CANNABIS & ADHD: CAN SLEEP MOTIVES ENGAGE YOUTH IN TREATMENT?

Dr. Hernandez Bio. Mariely Hernandez, Ph.D., is a licensed Clinical Psychologist in private practice in New York. She is also affiliated with Columbia University Irving Medical Center (CUIMC), where she completed her postdoctoral fellowship in Substance Use Disorders after graduating from CCNY's Clinical Psychology PhD Program. Dr. Hernandez is also active in academic and public-facing service roles in scientific communication via invited lectures for trainees, guest webinars and podcasts, consultations with other clinicians, and active participation in professional societies (e.g., the American Professional Society of ADHD and Related Disorders; APSARD). She is also a member of the APSARD US Guidelines for Adult ADHD task force (<https://apsard.org/us-guidelines-for-adults-with-adhd/>), providing expertise in the screening and diagnosis of ADHD and co-occurring substance use.



Abstract/Summary:

The increasing decriminalization of cannabis and cannabis-derived products has increased the accessibility and availability of the drug and reduced perceptions of harm related to frequent cannabis use. These two factors contribute to increased risk of cannabis initiation and escalation to frequent use. Despite the limited, federally-approved medical uses of cannabis-derived products, there's a prevalent perception that cannabis use is relatively harmless and instead, is perceived as helping in improving insomnia and ADHD symptoms. Individuals with ADHD may be more vulnerable to developing problematic cannabis use than their neurotypical peers due to features/symptoms of ADHD. This presentation aims to examine the research literature on risks and benefits of cannabis-derived products, specifically regarding how it relates to sleep and ADHD. Sleep is a frequent motive for cannabis use, and since we as humans need to sleep every day, sleep may be a driver of daily cannabis use. In this presentation, I'll discuss the role of sleep health and substance use, the challenges of communicating these findings to youth who are at greatest risk, and some harm-reduction strategies for engaging youth in reducing drug use.

In this presentation, you will learn about:

- Effects of infrequent and frequent cannabis use on cognition
- Risks of modern-day frequent cannabis use and ADHD youth
- Sleep disturbances in ADHD, cannabis use motives, and how frequent cannabis use affects sleep health over time
- Strategies to improve sleep health & engage youth in reducing problematic cannabis use.