Are you a rising high school junior? Are you interested in pursuing a career in the health field? If so, the Health Professions Mentorship Program offered by the CUNY School of Medicine/Sophie Davis Biomedical Education Program, is an opportunity you should not miss!

The CUNY School of Medicine/Sophie Davis Biomedical Education Program is offering an exciting 2-year Health Professions Mentorship Program for rising high school juniors thinking about a career in the health field. Careers like medicine, nursing, physician assistant, occupational therapy, public health, and research are possible with a college degree in basic or biomedical sciences, social sciences, or specialized health sciences.

Finding a career in the health field requires an understanding of the vast array of health professions. Completing the educational path to a health career will require skills and knowledge to succeed in college. Our program offers fun opportunities to explore and learn about health care careers and how to prepare an educational path to pursue them.
The Health Professions Mentorship Program involves two 3-week summer sessions following your sophomore and junior years of high school. The first summer session focuses on population health. Students will conduct a community-based project in which they will take part in recognizing challenges, and developing solutions to health care problems in New York City. Students observe and discuss the social and economic determinants of health and disease and explore how different health care professionals address these issues to improve the health of communities.

The second summer session includes presentations, group seminars, and problem solving experiences led by CUNY School of Medicine faculty and students. Topics include current health challenges as well as an overview of the specific career paths designed to address them. During the Fall, Winter, and Spring seminars, medical students mentor and help high school students build the knowledge and skills needed to become a successful college student.

Health Professions Workshops

The program includes community walks, films, group discussions, and field work. Students will:

- Explore health professions through panel discussions with basic scientists, NYC Department of Health and Mental Hygiene staff, and health care providers.
- Meet CUNY School of Medicine researchers who focus on health/health care disparities.
- Learn research skills such as photovoice and street intercept surveys.
- Study current health problems, their causes and treatments, including Zika, cardiovascular disease, and childhood obesity.