## The City College of New York, Continuing and Professional Studies SUMMARY OF REQUIREMENTS

## **Credentialed Alcoholism and Substance Abuse Counseling Training**

Section	Course Name	Hours	Semester	Total
			Taken	Hours
Section One:	(1) The Overview	30 hrs		
<b>85 hours</b> related to knowledge of alcoholism & substance abuse.	<ul><li>(2) Physical Aspects of Substance Abuse and Alcoholism</li><li>(6) Drugs Other than Alcohol</li></ul>	35 hrs		
	(8) Alcoholism: A Primary Disease	20 hrs 20 hrs		
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Section Two:	(3) Counseling the Chemically Dependant Part I- (Theory)	35 hrs		
<b>150 hours</b> related to Alcoholism &	(4) Counseling the Chemically Dependant Part II- (Groups)	30 hrs		
Substance Abuse Counseling.	(5) Counseling the Chemically Dependant Part III- (Family)	35 hrs		
	(6) Drugs Other than Alcohol	15 hrs		
	(8) Alcoholism: A Primary Disease	15 hrs		
	(11) Assessing and Treating the Dual Diagnosed/Mentally Ill	35 hrs		
	Chemical Abuser Patient			
	(12) CASAC Review and Preparation for Employment and the Exam	35 hrs		
Section Three:	(7) Treatment Applications for the Substance Abuse & Alcoholism	35 hrs		
<b>70 hours</b> related to assessment,	Counselor			
clinical evaluation, treatment planning,	(9) Relapse Prevention & Special Client Populations	35 hrs		
case management, patient family and				
community education				
Section Four:	(1) The Overview	5 hrs		
<b>45 hours</b> related to professional &	(4) Counseling the Chemically Dependant Part II- (Groups)	5 hrs		
ethical responsibilities	(10) Ethics and Professional Conduct	35 hrs		

## **CCNY's Course Numbers & Titles**

Cour	se ID	Course Title
Cours	se 1.	The Overview
Cours	se 2.	Physical Aspects of Substance Abuse and Alcoholism
Cours	se 3.	Counseling the Chemically Dependant Part I-(Theory)
Cours	se 4.	Counseling the Chemically Dependant Part II-(Groups)
Cours	se 5.	Counseling the Chemically Dependant Part III-(Family)
Cours	se 6.	Drugs Other than Alcohol
Cours	se 7.	Treatment Applications for the Substance Abuse & Alcoholism Counselor
Cours	se 8.	Alcoholism: A Primary Disease
Cours	se 9.	Relapse Prevention & Special Client Populations
Cours	se 10.	Ethics and Professional Conduct
Cours	se 11.	Assessing and Treating the Dual Diagnosed/Mentally Ill Chemical Abuser Patient
Cours	se 12.	CASAC Review and Preparation for Employment and the Exam