

Instructional/ Non -Instructional Staff Contact Sheet

New York City Health Benefits Program

Summary Plan Description: http://www.nyc.gov/html/olr/html/health/prog_info.shtml

Rate sheet: http://www.nyc.gov/html/olr/downloads/pdf/healthb/emp_rates.pdf

Health Plans: Customer service telephone numbers are listed in the *New York City Health Benefits Program: Summary Program Description Booklet* and on your health plan's identification card. Many health plans have developed **web sites that allow members to: obtain listings of plan physicians, submit a change of address, customer service inquiries,** and to get more information about the health plan. You should visit your health plan's web site at the location listed below.

Health Plans	Web Site	Phone Numbers
Aetna U.S Health Care HMO and QPOS	www.aetna.com	1-800-445-8742
Empire HMO and EPO	www.empireblue.com	1-800-767-8672
Cigna HealthCare	www.cigna.com	1-800-832-3211
DC 37 Med Team Health Plans (GHI)	www.GHI.com	1-212-501-4444
GHI/CBP (Medical)	www.GHI.com	1-212-501-4444
Blue Cross Blue Shield (Hospitalization)	www.GHI.com	1-877-244-4466
GHI/ HMO	www.GHI.com	1-877-244-4466
HIP HMO and POS	www.hipusa.com	1-800-HIP-NYC9
Health Net EPO	www.health.net	1-800-411-5741
Vytra HMO	www.vytra.com	1-800-406-0806

CUNY Work/Life Program

1-800-833-8707

www.cuny.edu/worklife

TIAA-CREF (Optional Retirement Program - ORP)

730 Third Avenue

N.Y., N.Y. 10017

Employee Help Line - 1-800-842-2776

<http://www.tiaa-cref.org/>

Metropolitan Life Insurance

100 Jericho Quadrangle, Suite #332

Jericho, NY 11753

Tax Deferred Annuity (TDA) Plans

TIAA-CREF

730 Third Avenue

N.Y., N.Y. 10017

TDA Maximum Allowable Calculations – 877-842-4833

To schedule an individual counseling session at CCNY, please call -800-732-8353, Monday- Friday 9am-6pm. (ET)

New York State Deferred Compensation Program - 457 Plan

Employees may participate in the tax deferred 457 program in addition to participating in a regular tax deferred annuity. For enrollment information contact 1-800-422-8463

<http://www.nysdcp.com>

HRC Financial Services

136 Glenwood Road
Glenlardy, N.Y. 11547
labadsantos@hallidayfinancial.com
1-800-786-1598

Union

Professional Staff Congress - CUNY (PSC-CUNY)
61 Broadway, 15th Floor
N.Y., N.Y. 10006
212-354-1252
WWW.PSC-CUNY.ORG

Welfare Fund

PSC-CUNY Welfare Fund
61 Broadway, 15th Floor
N.Y., N.Y. 10006
212-354-5230
<http://psccunywf.org>

Dental Plan (Administered by the PSC-CUNY Welfare Fund)

Guardian DentalGuard Preferred
Group Dental Claims
P.O. Box 2459
Spokane, WA 99210-2459
1-800-541-7846
Dental Plan Information:
<http://www.guardianmarketing.com/psccuny/>
<http://www.guardianmarketing.com/psccuny/Dental-Claim-Form.pdf>

Delta USA HMO
1-800-422- 4234
<http://www.deltadentalins.com/>

Medco Health Prescriptions (Administered by the PSC-CUNY Welfare Fund)

1-866-386-3797
<http://www.medcohealth.com/>
CFI Mail Order Services (Administered by the PSC-CUNY Welfare Fund)
1-800-628-0717

Major Medical Supplement to GHI (Administered by the PSC-CUNY Welfare Fund)

GHI Account Services
441 Ninth Avenue – 7th Floor
New York, NY 10001

Catastrophic Major Medical Plan (Administered by the PSC-CUNY Welfare Fund)
Group Insurance Plans
1440 N. Northwest Highway
Park Ridge, Ill. 60068-1400
1-800-503-9230 4

Long Term Care Programs (Administered by the PSC-CUNY Welfare Fund)
P.O. Box 111
Boston, MA 02117-9939
1-800-543-7108

MetLife Long Term Care (administered by the City of NY)
866-414-7076

Education Affiliates Federal Credit Union

25 West 43rd Street Room 311
New York, NY 10036 212-302-1954
<http://www.pscunyfcu.org>

MCU (Municipal Credit Union)
(212) 693-4900
Upstate New York (800) 323-6713
www.nymcu.org

529 College Savings Plan
877 NYSAVES
<http://nysaves.uui.upromise.com>

Transit Benefit

Administered by JP Morgan/Chase (Please Do not call Chase Banking Branches) Transit Benefit 24 Hour
Customer Service: 1-888-606-7058 Transit Benefit Website:
www.myaccount.chase.com

CUNY Work/Life Program
1-800-833-8707
www.cuny.edu/worklife