CLINICAL PSYCHOLOGY @ CITY COLLEGE 2017-2018 COLLOQUIA SERIES  
3rd ANNUAL RESEARCH & SCHOLARSHIP DAY KEYNOTE SPEAKER

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GRADY NIA PROJECT: CULTURALLY-INFORMED  
TREATMENT OF ABUSED, SUICIDAL, LOW-INCOME

AFRICAN AMERICAN WOMEN



TUESDAY 5 DECEMBER, 2017 AT 1:00-2:30PM

SHEPARD HALL RM 107

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TALK ABSTRACT

Description: Both intimate partner violence (IPV) and suicidal behavior are significant public health concerns for women. This presentation discusses the link between IPV and suicide attempts. Then, attention is paid to the description of the Grady Nia Project, an empowerment-based group intervention designed to reduce those risk factors and enhance those protective factors associated with suicidal behavior among women in abusive partnerships. Data supporting the efficacy and effectiveness of the Grady Nia Project will be shared. Finally, a case vignette will illustrate the lives and experiences of the women in the Grady Nia Project.

Presentation Objectives: This presentation will offer a culturally-informed evidence-based approach for treating women in abusive relationships who have attempted suicide.

Learning Objectives: This presentation is designed to help you:

1. Understand the link between intimate partner violence (IPV) and suicidal behavior in low-income African American women
2. Learn about the development of a culturally relevant intervention that focuses on reducing risk factors and enhancing protective factors in this population
3. Become familiar with the outcomes and mechanisms of change of an empowerment-based group intervention for this population