IMPROVING YOUR STUDY SKILLS

Transitioning into a Senior College

Katherine Reynoso
Tyson Ward
WHY SHOULD WE IMPROVE OUR STUDY SKILLS?

- **Larger Campus → Larger Lecture Halls (Class Size) in Senior Colleges**
  - Less Individual attention in the classroom = More individual responsibility
  - Learning to work more independently

- **Higher Class Levels require more work**
  - 3 hours per credit/week
  - Full-time students: 12 credits x 3 hours = 36 hours/week
  ***On average, 36–45 hours of Studying Outside of the Classroom***

Transitioning into a more autonomous learning environment
FREEDOM IS RESPONSIBILITY

- Time Management
- Refining Your Study Habits
- Seeking Support from Faculty and Friends
- Making Full Use of College Resources
TIME MANAGEMENT

- Planning is a Form of Productivity
- Keep Semester and Weekly Planners
  - Long Term vs. Short Term Goals
  - Break Large Tasks into Smaller Ones
- Schedule your Study Time
- Consult your Schedule Before Committing
- Let Family and Friends Know You are Serious
- Enjoy Your Leisure with a Clear Conscience

Organization → Good Study Habits → Good Grades → Great Opportunities
THE PRIDE OF CROSSING THINGS OUT

Scheduling Task:

Accomplishing Task:
STUDYING THROUGH EXPOSURE

- Before Class: The Student & The Textbook
  - Be sure to have access to any & all required text
  
  - Read the text
    - Know the difference between Facts, Processes, & examples (big picture vs. details)
    - Take notes (Glossary & Summary)
STUDYING THROUGH EXPOSURE

- **In Class: The Student & The Classroom**
  - Go Prepared
    - Be on time
    - Have a basic understanding on the topic
  - Pay Attention and Participate
    - Briefly disconnect from the world outside of the classroom (e.g. Social Media)
    - Take Notes
    - Record lectures (with the professor’s permission)
    - Ask Questions (Increase topic clarification & connect with Professor)
  - Build Connections with classmates
    - Exchange contact information with others
STUDYING THROUGH EXPOSURE

- **After Class: The Student & The Experience**
  - Engage in the material
    - Double Check Notes (taken prior to class & in class)
    - Compare notes to recording
    - Make use of professor’s office hours
    - Discuss material with students in Study Groups (be selective)
    - Attend Tutoring sessions

- **Before Quiz/Exam: Student Preparation**
  - Gather All Practice Tests and Review Materials
  
  - Review
    - Reread notes
    - Describe Facts, Processes, & examples in your own words
    - Discuss material with students in Study Groups
SEEKING SUPPORT

- Professors’ Office Hours
- Teaching Assistants
- Review Sessions
- Study Groups/Peers
- Tutoring
- Departmental Websites, Other Web Support
- Advisors
STUDYING TIPS

1. Before Class, read to get an idea. In Class, obtain a better understanding of the material. After Class, reinforce what you have learned.

2. Do not Cram…Avoid Procrastination! Instead, opt for consistent exposure to the material.

3. Inquire on academic progress.

4. Ask questions…There are no dumb questions.

5. Use resources effectively (textbooks, classroom time, people, etc.).

6. Don’t be afraid to ask for help…Seek Assistance.
TUTORING LOCATIONS

http://www.ccny.cuny.edu/academics/tutoring.cfm

- Foreign Languages
  NAC 5/223

- Writing Center
  NAC 3rd Flr Plaza

- Science CCAAP
  Marshak 1005

- Chemistry Learning Center
  Marshak 1029

- Math & Physics Tutoring
  Marshak 418S

- RAP-SI (In partnership with City Tutors)
  NAC 4/149

- SSSP
  Marshak 1104

- Sophie Davis
  Harris 114

- Grove School of Engineering
  ST 2M7

- AccessAbility Center
  NAC 1/218

- Gateway Advising
  NAC 1/220

- SEEK
  NAC 4/224

- School of Education
  NAC 3/226
STUDYING TIPS

7. There are different learning types. Be patient in finding what works for you.

8. Actively Schedule your Study Time into your busy schedule.

9. Prioritize in order to balance different aspects of life (family, work, school, friends).

10. Set up Goals...Rely on a “To Do List.” Break down Larger tasks into Smaller Ones.

Most Importantly:

*** Take great care of yourself ***

(Take Short Breaks)
FREEDOM IS RESPONSIBILITY