

Metropolitan


City College of New York



## The Manhattan Skyline Breakfast

Coffee and Tea with your choice of... Bagels with cream cheese, butter \& preserves, Danish Pastries,Homemade Muffins, Donuts, Cookies or a Combination of any two choices $\$ 4.50$

## The Central Park Breakfast

Coffee, Tea \& Juice served with a combination of Bagels with Cream Cheese, Butter, Preserves \& Danish Pastries plus a tray of Fresh Seasonal Sliced Fruits
\$ 7.95

## Spa Flirtation

Fresh seasonal Fruit Salad served with assorted Yogurts, Cottage
Cheese, Fruit Nut \& Granola Mix, Low Fat Muffins, and Fresh Squeezed Juice \$ 8.75

## Platter Of Norwegian Smoked Salmon

Minimum of 75 guests
Hard Boiled Eggs, Tomato, Capers and Bermuda Onions Served with Assorted Bagels and Plain Cream Cheese Coffee \& Tea \$ 9.25

## Mini Breakfast Express

Fresh Brewed Coffee, served with an assortment of Mini Bagels with<br>Cream Cheese and Butter, Mini Pastries, and Mini Muffins.<br>\$ 5.25

## Starbucks Coffee Service

Fresh Brewed Starbucks Coffee \& an assortment of Tazo Herbal Teas. $\$ 3.00$



Minimum of 20 guests - Priced Per Guest

## The Sunrise Buffet

Scrambled Eggs served with Bacon, Sausage, or Turkey Sausage, \& Seasoned Home Fries accompanied by a basket of Freshly Baked Homemade Muffins, Bagels with Cream Cheese, Butter \& Preserves and
Freshly Brewed Coffee, Tea, and Juice \$ 9.95

## The Uptown Brunch

Choose any two of our delicious brunch specialties:
Fresh Spinach \& Cheese Quiche, Garden Vegetable Frittata, Scrambled Eggs, or French Toast

Accompanied by any two of the following side dishes: Bacon, Sausage, Turkey Sausage, Ham, Roasted Red Potatoes.
Fresh Seasonal Sliced Fruit, International Cheese Platter, Basket of Homemade Muffins,
Danish Pastries, or Bagels with Cream Cheese, Butter \& Preserves.
Served with Freshly Brewed Coffee, Tea, and Juice \$ 14.90

For a special treat... Ask about having Omelets or Crepes cooked-to-order for your breakfast or brunch guests.

Fresh Squeezed Orange Juice is available for \$1.00 additional per guest
All services include paper supplies, delivery, and set-up.
China, Silverware, Linen and Wait Staff are all available upon request for an additional fee.



## Fresh Mozzarella Platter

With sliced Tomatoes, Fresh Basils, Extra Virgin Olive Oil \& Balsamic Vinegar on a bed of Mesculin, Served with Baguette slices.

Small for 10 people $\$ 55.00$
Large for 20 people \$700.00

## Antipasto Platter

Salami, Pepperoni, Provolone, Olives, Peppers, Grilled Eggplant, Garlic Toasts Small for 10 people $\$ 55.00$ Large for 20 people $\$ 700.00$

## Asparagus Platter

Marinated Asparagus with Roasted Peppers
Small for 10 people $\$ 33.00$
Large for 20 people $\$ 59.00$

## Fillet Of Beef Platter

Sliced Fillet of Beef with Gourmet Dinner Rolls \& Horseradish Cream, served with Marinated Fresh Green Beans Platter for 10 people $\$ 725.00$

## Cold Poached Salmon Fillet

Served on a bed of Mesculin with Dill Sauce and Cucumber Dill Salad Platter for 70 people $\$ 125.00$

## Grilled Seasonal Vegetable Platter

Grilled Eggplant, Zucchini, Squash, Portabella Mushrooms, Roasted Red Peppers, and Grilled Asparagus, Drizzled with Aged Balsamic Vinaigrette and served with a side of Roasted Red Potato Salad and Sliced Foccacia Bread.

## Gourmet Sendwich Beskets

Minimum of 10 guests - Priced Per Guest

An incredible assortment of delicious gourmet ingredients combined with the finest artisan baked breads, and the freshest market produce available

These are just a few of our signature creations
Chicken Salad with Grapes and Walnuts, Romaine Hearts Dill Shrimp Salad with Mesculin Lettuce and Tomato Grilled Chicken, Bacon, Monterey Jack Cheese, Green Leaf Lettuce, Tomato Smoked Turkey with Brie, Red Leaf Lettuce \& Honey Mustard Marinated Grilled Chicken Breast with, Roasted Red Peppers, \& Fresh Spinach Roast Beef, Blue Cheese with Horseradish Dressing Virginia Ham, Havarti Cheese, Baby Spinach with Honey Dijon Marinated Grilled Seasonal Vegetables with Mesculin Lettuce Mediterranean Tuna Salad with Red Leaf Lettuce Fresh Grilled Lemon Salmon with Leaf Spinach and Dill Mayonaise Grilled Balsamic Marinated Portabella Mushrooms with Sweet Peppers Vegan Wrap: Sundried Tomato Hummus, Roasted Red Peppers \& Grilled Vegetables Curry Chicken Salad with Mesculin Greens \$ 7.95 per guest

To compliment your Gourmet Sandwiches choose from any of the following culinary creations

Asian Style Cole Slaw
Caesar Salad
Wild Rice Salad
Cous Cous Salad

Gourmet Pasta Salad
Dried Cranberry Quinoa Salad
Mesculin Mix Salad
Roasted Red Potato Salad


Minimum of 10 guests - Priced per guest
A variety of our Flavored Gourmet Wraps filled with an assortment of our delicious Sliced Meats, Cheeses, or Freshly Prepared Salads.

Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame Noodles. Served with all the condiments, plus one of our delicious desserts: Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies

Coffee \& Tea, or Sodas \& Water, or Fruit Punch, or Iced Tea or Lemonade $\$ 70.90$ per guest


Minimum of 70 guests - Priced per guest

## Salad Platter Luncheon

Choose from any 2 of our freshly prepared Salads: Tuna Salad, Chicken Salad, Seafood Salad, Egg Salad, Curried Chicken Salad, or Mediterranean Tuna Salad.

Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame Noodles. Served with Assorted Rolls and all the condiments, plus one of our delicious desserts: Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies

Coffee \& Tea, or Sodas \& Water, or Fruit Punch, or Iced Tea or Lemonade $\$ 10.75$ per guest

## Deli Platter Luncheon

Our deli platter luncheon starts with a beautiful tray of our freshly prepared meats and cheeses including Sliced Roast Beef. Smoked Turkey, Honey Baked Ham, Sliced American Cheese, Swiss Cheese \& Muenster Cheese.

## Unch

Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame Noodles. Served with Assorted Rolls and all the condiments, plus one of our delicious desserts:

Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies
Coffee \& Tea, or Sodas \& Water, or Fruit Punch, or Iced Tea or Lemonade \$ 10.75 per guest

## Sandwich Luncheon

Choose from an assortment of our freshly prepared Deli Meats or Salads served on your choice of White, Rye, Whole Wheat or Kaiser Rolls

Accompanied by any 2 of the following side dishes: Tossed Garden Salad, Caesar Salad, Gourmet Pasta Salad, Red Potato Salad, Cole Slaw, or Cold Sesame
Noodles. Served with all the condiments, plus one of our delicious desserts: Fresh Sliced Fruits, Home Baked Cookies, or Home Baked Brownies

Coffee \& Tea, or Sodas \& Water, or Fruit Punch, or lced Tea or Lemonade $\$ 9.75$ per guest


Choose from any of our delicious "Super Hero" 3 foot and 6 foot heroes. Our 3 foot hero serves 9-12 people and our 6 foot hero serves $78-24$ people.

THE ALL AMERICAN

Roast Beef, Turkey, Ham, American, Swiss, Lettuce \& Tomato

## LA TORINO

Genoa Salami, Capicola, Pepperoni,
Provolone, Lettuce \& Tomato,
Hot Peppers \& Italian Dressing
TURKEY CLUB
Smoked Turkey, Crisp Bacon, Swiss
Cheese, Lettuce \& Tomato
CHICKEN OF THE SEA
Fresh Tuna Salad, American Cheese, Lettuce \& Tomato

## THE GRILLER

Grilled Marinated Chicken Breast, Roasted Red Peppers,
Mesculin Salad, \& Sliced Tomato
THE ROASTER
Roasted Seasonal Vegetables, Green Leaf Lettuce, Italian Dressing

## CURRY

Curried Chunky Chicken Salad, Lettuce \& Tomato

Each 3 Foot Hero \$ 45.00 Each 6 Foot Hero \$ 90.00
Add Potato Chips \& Your Choice of 2 Salads for $\$ 3.50$ per guest


Minimum of 70 guests - Priced per guest

## Greek Salad

Lettuce, Tomatoes, Cucumbers, Red Onions, Feta Cheese, with Greek Olives and a Vinaigrette Dressing and Pita Bread Points

## Asian Salad

# Teriyaki Marinated Steak or Chicken, with Scallions, Cold Sesame Noodles, Crisp Julienne Vegetables on a bed of Fresh Greens 

## Chef's Select

Smoked Turkey, Roast Beef, Cheeses, Grilled Chicken Breast, and Garden Fresh Vegetables on a bed of Mesculin Lettuce

## Grilled Chicken Ceaser

Marinated Grilled Sliced Chicken Breast on Romaine Lettuce lightly tossed with Caesar Dressing, with Tomato Wedges, Cucumber, and Homemade Croutons

## Vegetable Misto Salad

Marinated Grilled Seasonal Vegetables served with Sesame Tofu \& Thai Sesame Vinaigrette on Mesculin Lettuce

## Cobb Salad

Diced Marinated Grilled Chicken, Diced Smoked Turkey, Chopped Egg, Diced Tomato, Crumbled Bleu Cheese, Diced Cucumbers, and Homemade

Croutons on a bed of Field Greens $\$ 7.95$ per guest



Minimum of 20 guests - Priced per guest

ATTENDANT REQUIRED
All entrée selections are served with our mixed greens with house vinaigrette, fresh baked rolls and butter, side vegetable, side starch.

Beverage and dessert.

## The Great Hall Buffet

Choice of Two Entrees
Cornish Hen with Ginger Teriyaki Sauce Fresh Basa Filet with Roasted Julienne Vegetables

Grilled Skirt Steak with Mushroom Demi
Grilled Salmon with Tomato Vermouth
Sliced Flank Steak with a Red Wine Marsala Sauce Shrimp and Vegetable Kebab with Pesto Infusion \$24.95 per person

## The Steinman Buffet

Choice of Two Entrees

Petit Filet Mignon with Wild Mushrooms Ragout
Lamb Chops with Rosemary and Garlic
Shrimp and Scallop Brochettes with Garlic Butter
Fresh Grilled Tuna with Wasabi Quenelles
Chicken Breast Oscar with Crabmeat, Béarnaise Sauce and Asparagus Spears
Oven Roasted Cod with Red Pepper Coulis
$\$ 30.95$ per person

Labor, Linen Tablecloths, China service charges are additional


Minimum of 20 Guests - Priced per guest

## Italian

Caesar Salad. Herb Croutons Chicken Francaise or Chicken Marsala Baked Ziti or Penne Alla Vodka, Vegetable Rice Pilaf \& Basil Marinated Vegetables

Fresh Garlic Bread and Focaccia Squares Assorted Sodas, Cookies and Brownies and Fruit Salad \$21.00 per guest

## Pacific Rim

Steamed Vegetable Dumplings Chicken Stir Fry with Vegetables
Sautéed Gingered Beef with Snow Peas
Steamed White Rice, Vegetable Lo Mein Crisp Chow Mein Noodles and Fortune Cookies

Assorted Sodas, Fruit Salad
$\$ 22.50$ per guest

## Left Bank

Fresh Field Greens with Balsamic Vinaigrette Grilled Salmon with Champagne Beurre Blanc Chicken Breast Stuffed with Wild Rice and Herbs

Fresh Asparagus with Baby Carrots
Potatoes Lyonnaise, Assorted Rolls and Butter Mini Cream Puffs and Coffee
$\$ 24.50$ per guest

## Yucatan

Chips and Salsa
Chicken \& Beef Fajitas with Sautéed Peppers and Onions
Yellow Rice and Refried Beans
Lettuce, Chopped Tomatoes, Shredded Cheddar Cheese
Sour Cream, Chopped Avocado and Tomato Salsa
Flour Tortillas
Assorted Sodas, Churros and Tropical Fruit Salad
$\$ 20.50$ per guest

## Hot Buffets

Let Metropolitan Food Service create an event that will exceed your highest expectations. Below you will find some of our suggestions for y our dinner buffet - Priced per Guest
Hot Buffets include your choice of one entrée served with a choice of Rice Pilaf, Roasted Red Potatoes, Baked Potatoes or Penne Pasta, Fresh Seasonal Vegetables, a Tossed Garden Salad, Fresh Rolls with Butter, Dessert and Beverages.
Hot Buffets include one entrée per guest. You may add addilional entrée's for $\$ 5.00$ each per guest. Labor, Linen, and China charges are additional.

## From The Land

Sliced Flank Steak with Mushroom Wine Sauce - \$ 14.95
Beef Filet Tips with Wild Mushrooms and Port Demi - \$ 16.00
Pot Roast Jardinière - \$ 13.95
Roast Loin of Pork with Rosemary - \$ 14.95
Boneless Breast of Chicken served in your choice of style: Marsala, Francaisse, Chasseur, Tarragon, Tomato \& Fresh Herbs, Parmigiana, or Teriyaki - \$14.95
Stuffed Chicken Breast served in your choice of style: Herb Stuffing, Cordon Bleu, Sun dried Tomato \& Basil, Spinach-Feta-Pine Nuts - \$15.95
Chicken Quarters served Roasted, BBQ, or Jerked - \$12.75
Southern Fried Chicken or Smothered Chicken - \$ 12.75
Roast Turkey Breast with Cornbread Stuffing \& Giblet Gravy - \$ 14.95

## From The Sea

Tilapia Filet -Mediterranean Style, Florentine, or with Coconut Sauce - \$14.50
Baked Scrod Filet with a Citrus Reduction - \$ 74.50
Filet of Sole with Crabmeat Stuffing - \$ 75.95
Fried Filet of Flounder or Margarita Fried Tilapia - \$ 13.95
Salmon Filet served Grilled or Poached w/ Teriyaki, Beurre Blanc \$18.95
Pan Seared Honey-Teriyaki Tuna with Fresh Lime - \$ 22.50
Asian Spiced Mahi Mahi with Ginger Lime Marinade - \$ 18.95
Red Snapper Vera Cruz - \$ 22.50

## Vegetarian

Seasonal Vegetable Lasagna - \$ 12.95
Baked Ziti, Pasta Primavera, Penne a la Vodka,
Or Bowties with Sun dried Tomato Pesto - \$ 11.95
Tofu and Japanese Vegetables over Sobu Noodles with Sesame Ginger Sauce \$ 15.25
Fresh Vegetable Cous Cous with Chick Peas and Lentils \$ 17.50

Having a more formal event? We will be happy to create a seated dinner party using our highly qualified wait staff and culinary staff. Remember these are just some of our suggestions. We can create an event to meet your specific needs and tastes.



Listed below are a few of our suggestions for passed Hot and Cold Hors D'ouvres.

## Hot Hors D'ouvres

Sesame Chicken
Swedish Meatballs
Franks in Blankets
Mini Quiche
Fried Shrimp
Cheese Puffs
Cod Fish Nuggets
Boneless Buffalo Wings

Beef Sate
Mini Sausage Brochette Jalapeno Poppers

Mini Egg rolls
Chicken Tenders
Potato Puffs
Mini Empanadas
Mini Crab cakes

## Cold Hors D'ouvres

Crudités with Dip
Fresh Sliced Fruits Cheese \& Crackers

Devilled Eggs
Tortilla Wrap Pinwheels
Tomato Brochette
Fresh Mozzarella on Garlic Toast
with Roasted Red Pepper

Cucumber Canapés
Roasted Red Peppers Hummus
w/ Pita Chips
Honeydew w/ Prosciutto
Asparagus Rollups with Smoked Ham or Smoked Turkey or Roast Beef

Assorted Puffs

Choose any 3 Hot and 3 Cold - $\$ 76.25$ per person Shrimp Cocktail - $\$ 22.00$ per Ib.

Prices reflect a one hour Cocktail Reception
Labor charges are additional, and depend on the specific needs of each individual event.

## Sushi

We offer a wide variety of Freshly Prepared Sushi Platters priced accordingly

## Kosher Meals

Our Catering Director will be happy to discuss all of our Kosher options.

# Wines (where available) <br> Chardonnay - Cabernet Sauvignon - White Zinfandel - Pinot Grigio - Merlot $\$ 20.00$ per Bottle 

We will be happy to provide you with a wide variety of wines that will help compliment your event and meet your specific needs

Beer (where available)
Domestic Bottled Beers \$ 3.75 each/ Imported Bottled Beers \$ 4.85 each We also offer a Wine and Beer open bar at $\$ 7.50$ per guest per hour.

## A LA CARTE SELECTIONS

Prices are per guest

Fresh Brewed Coffee, Tea and Decaf Coffee (on request) ..... $\$ 2.00$
Fresh Brewed Starbucks Coffee and Starbucks Decaf Coffee ..... $\$ 3.00$
Cans of Pepsi ..... \$ 7.25
Bottles of Pepsi ..... \$ 1.95
Lemonade/ Punch/ Iced Tea ..... \$ 7.35
Bottled Water ..... \$ 7.75
Tropicana Juice (6 oz.) ..... $\$ 7.35$
Fresh Squeezed Orange Juice ..... \$ 2.00
Sliced Fresh Seasonal Fruits ..... \$ 3.95
Fresh Vegetable Crudités with Dip ..... \$ 3.75
Assorted Cheese and Cracker Platter ..... \$ 4.95
Assortment of Delicious Tea Sandwiches ..... \$ 4.95
Assortment of Wraps ..... \$ 6.25
Assortment of Sandwiches ..... \$ 5.85
Assortment of Chips, Pretzels, and Nachos with Salsa ..... \$ 7.85
Homemade Cookies ..... \$ 2.25
Layer Cake ..... \$ 27.50
Cheese Cake ..... \$ 29.00
Double Layer Sheet 1 12 Sheet Cake ..... $\$ 80.00$
Double Layer Full Sheet Cake ..... \$ 130.00
2 liter Bottled Sodas/ Punch/ Lemonade w/ Cups \& Ice ..... $\$ 4.00$ each\$. 75
Roasted Seasoned Vegetable Platter ..... \$ 4.00

For more informal get together when a fully catered meal is not required, please consider....

- All items sold by the pan (Serves 15-20 people).
- Includes paper plates, napkins, and plastic cutlery.
- For pick-up orders (Delivery will be additional charge)
- Chafing racks and sternos available - additional charge may apply.
(Sternos \$7.00 each, Racks \$5.00 returnable deposit for each)
- Evening and weekends will require additional labor charge.
Fried Chicken (45 pcs) ..... $\$ 75.00$
Wings - Buffalo, Fried, BBQ, Spicy Oriental (70 pcs) ..... $\$ 75.00$
Boneless Chicken - Parmigiana, Francaise, Teriyaki ..... $\$ 95.00$
Lasagna - Meat or Vegetable ..... $\$ 80.00$
Baked Ziti with Ricotta Cheese ..... $\$ 75.00$
Penne a la Vodka ..... $\$ 75.00$
Eggplant Parmigiana ..... $\$ 80.00$
Meatballs - Swedish, Sweet n Sour, in Tomato Sauce (20 portion) ..... $\$ 75.00$
Italian Sausage and Peppers ..... $\$ 75.00$
Rice and Peas ..... $\$ 45.00$
Wild Rice ..... $\$ 35.00$
Roasted Red Skin Potatoes ..... $\$ 35.00$
Steamed Fresh Seasoned Vegetable Medley ..... $\$ 35.00$
Tossed Mesculin Greens with House Vinaigrette ..... $\$ 35.00$


## Metropolitan

At Metropolitan Food Service, Inc. we are committed to making your catered event or party a success. We are very proud to be an integral part of the City College of New York community. Please use this Catering Menu as a guide to help you select a menu for your event. As always, our catering staff is on hand to help you create an event that will meet or exceed your expectations. If you don't see what you're looking for in this menu, we will be happy to work with you to customize your event.

# You're Catering Department at The City College of New York 

NAC Building

Phone: 212-650-7203
Fax: 212-650-5683

Director of Food Service<br>Bill Mueller

bmueller2@ccny.cuny.edu
Catering Manager
Nita Yanga
NYanga@ccny.cuny.edu
Food Service Manager Jerome Simon
JSimon@ccny.cuny.edu

## Catering Guidelines to help make your event a success

Customize Your Event:

This is designed as a guide to assist you in planning your menu. Bring us your ideas and let us assist you in turning them into an event to remember. Our Director of Catered Affairs will be pleased to work with you in customizing any menu to suit your particular tastes and budget. Our resources allow us to provide special services to all of our clients and customers.

Successful Event Information:
Metropolitan Foodservice welcomes the opportunity to help you plan your next catered event. This planning guide has been prepared especially for our guests. In order to ensure the most efficient service, please follow these procedures when making your arrangements.

1. Pricing - The pricing in this catering guide is applicable to Faculty, Staff, Administrators, and Students. Pricing for Outside Groups will be slightly higher and can be finalized with our Catering Manager or Food Service Director. Prices for events that take place on weekends, holidays or in the evening will be slightly higher.
2. Advance Notice - Successful events begin with proper planning. Please be sure to allow enough time so that you will receive exactly what you need. Events should be planned as early as possible with the Catering Department.
3. Cancellations - Catered events cancelled within three days of the event will incur a surcharge. Surcharges will be assessed as follows: $25 \%$ of the total invoice for events cancelled within 72 hours of the start time, 50\% of the total invoice for events cancelled within 48 hours of the event start time, $100 \%$ of the total invoice for events cancelled within 24 hours of the event start time.
4. Guest Count and Guarantees - Please be prepared to have your final guest count submitted 48 hours prior to your event. We will do our best to accommodate any increases in guest counts prior to your event. In the event that you exceed your guest count guarantee, you will be charged for the actual guests served at your event.
5. Billing - All catering invoices must be signed and dated in our catering office. A copy will be given to you as your invoice to be paid from. An appropriate purchase order number is required for any student organization who would like catering. Invoices incurred for catering events are due within 30 days of receipt of the invoice. Groups from outside of the college will be required to pay for their event at the time of booking. We accept Visa and Mastercard for all catering events. Metropolitan Food Service Inc. reserves the right to deny catering to any group or department that has an outstanding catering balance of over 60 days.
6. Lost Equipment - Equipment used to cater an event will become the responsibility of the person, organization or department booking the event. If, for any reason, the equipment is not returned or available for pickup at the commencement of your event you will be charged for the missing equipment.
7. Late Fees - Catering invoices that are 60 days past due will incur a $\$ 25$ late fee. Please avoid this late fee and promptly submit your invoices for payment.
8. Sustainability - As part of the Sustainability Initiative at CCNY, Metropolitan is committed to using more environmentally friendly supplies at all of our catering events. These items include, but are not limited to, ecotainer cups, sugar cane based plates, and PLA/cornstarch based cutlery. These items are considerably more expensive than traditional paper supplies. Therefore we must limit the quantity of each to cover the actual number of people the order is for. If extra paper supplies are requested, there will be an additional charge added to the invoice to cover the cost.
9. Additional Charges - In addition to the prices in this catering guide, there may be some additional charges for your function. These charges include labor charges for wait staff, set-up/clean-up staff, culinary staff, management staff, linen and china. The Catering Manager will finalize all these charges with you at the time of booking.


Our talented chefs are delighted to create special menus for any event that accommodates your cuisine, preference and budget. Please contact our Catering Manager at 212-650-7203 to arrange a personal consultation.


